



Prevention promotes
health, wellness, and
well-being

October 2024 Newsletter



UPCOMING EVENTS

COALITION MEETING SCHEDULE
WOLCOTT LIBRARY, NOON
LUNCH IS PROVIDED

NOVEMBER 8, 2024
JANUARY 10, 2025
MARCH 14, 2025
MAY 9, 2025

HIDDEN IN PLAIN SIGHT
OCTOBER 17TH
5:30PM-7:30PM
WOLCOTT HIGH SCHOOL
8TH GRADE NIGHT

POLICE SCARECROW EVENT
OCTOBER 20TH
NOON
WOODTICK RECREATION CENTER



PREVENTION...

- Supports healthy social and emotional development
- Supports parents and strengthens families
- Expands evidence-based programs in communities and schools
- Prevents and addresses trauma
- Addresses social determinants of health
- Improves the safety, stability, and livability of community environments



SUBSTANCE MISUSE PREVENTION MONTH AND YOUTH SUBSTANCE USE PREVENTION MONTH

Partners in Prevention!



CASA Updates

At our September Coalition Meeting members partook in the Missing Piece Activity. Members drew a design on a wooden puzzle piece and when they were done, they were asked to write on it **“Are you our missing piece?”**

Next, they put their puzzle piece in an envelope and wrote a message to someone they thought would be interested in joining CASA with the hope that the next time they saw the person they would invite them to CAS’s next coalition meeting on November 8th.

The goal of the activity was to connect current members to what motivates them to be part of CASA and how we can all work together to connect with others in our community and grow our coalition.

Sample message, “CASA is a community coalition that aims to reduce substance misuse and promote wellness in Wolcott.

You would a great addition to our team because...I would like you to be my guest at our next meeting on November 8th at noon at Wolcott Library. Are you our missing piece?”

Just a reminder you can drop off your prescription drugs at the Police Station any day of the year. The dropbox located in the lobby provides a safe, convenient, and responsible means of disposing of prescription drugs.



VISIT OUR [WEBSITE](https://www.wolcottcasa.org)

CASA
BUILDING A HEALTHY WOLCOTT



[@WOLCOTTCASA](https://www.facebook.com/wolcottcasa)



[WOLCOTT_CASA.ORG](https://www.wolcottcasa.org)



HIDDEN IN PLAIN SIGHT

Hidden In Plain Sight is an opportunity for parents, teachers and others who work with adolescents to experience and explore the environment of a teenager and learn to spot signs of possible substance use and risky behavior.



**Are they hiding something?
Maybe. It's up to you to find out.**

Hidden In Plain Sight simulates a teenager's bedroom. There are items placed throughout that may be indicators that the teen is using tobacco, alcohol or other drugs, or is engaging in behavior that could lead to substance use. Some items are obvious, some are clever, some are well-hidden, and some are sitting in plain sight.

The purpose of the exhibit is to help parents and other adults see the environment with new eyes, to see the warning signs that may be obvious once they are pointed out, and then help them have a conversation with the teen to stop dangerous behaviors before the worst happens - addiction, legal trouble, injury or even death.

